

ADVANCE GROWTH
CULTIVATE CONNECTION
SPARK INNOVATION

UNBOX is a breakthrough approach to individual and team growth.

UNBOX is a new way to ignite potential. In You. In Your Team. From the moment you discover the UNBOX on your doorstep, a new journey is opened. It begins with an introspective self-paced individual exploration and culminating in a virtual group coaching experience. Get ready to UNBOX potential!

WHY?

Practical, cost affordable, fun development option

WHO?

Leaders craving new options to provide

- $\boldsymbol{\cdot}$ Development of skills when budgets are tight
- Recognition to employees with an innovative and mutually beneficial solution
- Practical and fun team development that does not require days away from the office

WHAT?

The UNBOX is a 3-part series focused on igniting potential:

- Every 3-4 weeks participants will receive an UNBOX at their door (3 UNBOXes total for series)
- · Each UNBOX builds upon the last throughout the series
- Inside are brain-centered tools to help with pausing, considering new approaches, new choices, and new solutions.

Each UNBOX includes an item from each of these four elements:

- FUN: Joy and laughter is a necessity for a healthy brain and body. It's as important as food and nutrition.
- LOCAL/SMALL BUSINESS SUPPORT: Selected based upon theme, whether they are in our community or yours. A simple way to continue giving back.
- **GROWTH:** Deepening awareness, expanding learning, and applying through practical exercises.
- COMMUNITY: Fostering connection, encouraging a sense of belonging and reassurance fight the devastation of isolation. We are better together. Each participant will be part of a group coaching cohort and virtual gatherings with like-minded people.



