

Unlock capacity and collaboration

IN OUR ELEMENT

In Our Element is a breakthrough development program for senior teams that combines neuroscience, critical path mapping and 1:1 coaching to create unprecedented momentum and effectiveness.

In Our Element is the high-impact answer to common organizational and talent challenges:

- Creating trust and alignment in a new or evolving leadership team.
- Transforming high-performing individuals into a cohesive, collaborative group.
- Driving individual and collective efforts toward a critical milestone or goal.
- Removing barriers and jump-starting traction in high-stakes project teams.
- Creating individual ownership and accountability for shared outcomes.

in your senior leaders and teams.

Compared with people at low-trust companies, people at high-trust companies report:*

74%
Less Stress

50%
Higher
Productivity

106%
More Energy
at Work

76%
More
Engagement

40%
Less Burnout

13%
Fewer Sick Days

29%
More Satisfaction with Their Lives

Who?

This intensive, immersive program is specifically designed for senior and executive-level leadership teams, as well as cross-functional teams tasked to deliver on mission-critical projects or priorities.

What?

This unique cohort program builds leadership capacity and drives performance individually and collectively over the course of 6–9 months:

- Peer, individual and leader pre-interviews identify areas of focus.
- Group practicum sessions lay the program foundation.
- 1:1 coaching increases engagement, accountability and growth.

Intrigued?

Share your challenges and we can help you design a program to achieve and exceed your specific organizational objectives. Let us help you unleash the potential of your leaders and teams with a custom experience designed with your goals and ROI in mind.



thedisruptiveelement.com

"This is life-changing stuff. It literally changes the way people do life and do leadership."

"This program exceeded all my expectations. Yes, it was a significant investment of money and people's time, but it was so worth it."

"Working on different continents, we now understand each other and how we each show up and contribute as a global leadership team."

*HBR-Neuroscience of Trust

IN OUR ELEMENT

Journey Map

2. Understanding Brains and Behavior

Participants identify patterns, priorities & goals – and share relevant insights. **Builds self-awareness and appreciation of different styles and approaches.**

4. Tapping into 'Our Best'

Participants self-reflect and identify what it looks like when they are at their best. **Builds trust, connection and motivation to aspire.**

5. The Power of Presence

Participants learn the science behind mindfulness that can mitigate stress and increase leadership capacity. **Builds skills that help leaders become more focused, resilient and effective.**

6. Final Debrief

Making the changes sustainable.

1. Setting the Stage

Introducing In Our Element

3. Establishing the Critical Path Road Map

Participants collectively define the endgame and identify what is needed to either support or detract from the desired outcome. **Creates visibility, accountability and buy-in.**

Celebrate!

MONTH 1

MONTH 8

THE DISRUPTIVE ELEMENT

Educate

Understand how your brain works and why these areas of focus are critical.

Connect

Each focus area is uniquely tied to your teams objectives and 1:1 coaching provides insight, accountability and further development.

Apply

Translate insights and connections immediately into new actions. Each practicum builds upon the last for a fully integrative, sustainable result!